



Competences which are specific to the qualification¹

1. Know and understand the morphology, physiology, pathology and conduct of persons, whether healthy or sick, in the natural and social environment.
2. Know and understand sciences, models, techniques and instruments on which physiotherapy is founded, is developed and expressed.
3. Know and understand methods, procedures and physiotherapeutic treatment, aimed at the application of therapy to re-educate and rehabilitate functionally, by carrying activities with a view to promoting and maintaining health.
4. Acquire the necessary clinical experience to provide intellectual skills and technical and manual prowess; to facilitate the incorporation of ethical and professional values; and develop the ability to integrate the acquired knowledge, in such a way that, once the course is completed, students know how to apply them in specific clinical cases in the hospital and non-hospital environment, and in primary and community healthcare.
5. Assess the functional condition of the patient, taking into consideration physical, psychological and social aspects.
6. Diagnostic assessment of physiotherapeutic care in accordance with norms and tools of assessment which are recognised internationally.
7. Design a plan of physiotherapeutic intervention in accordance with appropriate, valid and efficient criteria.
8. Execute, direct and coordinate the plan of physiotherapeutic intervention, using related therapeutic tools and in accordance with the individual features of the user.
9. Assess the evolution of the results obtained with the treatment balanced with objectives set.
10. Elaborate the physiotherapeutic care discharge report once the objectives set have been met.
11. Provide effective physiotherapeutic care, providing patients with an integral care service.
12. Be involved in areas of promotion, prevention, protection and recovery of health.
13. Be able to work in professional teams as a basic unit in which professionals and personnel from other healthcare organisations are structured in a uni or multidisciplinary and interdisciplinary format.
14. Incorporate ethical and legal principles of the profession in professional practice by integrating social and community aspects in decision-making.
15. Participate in the elaboration of physiotherapeutic care protocols based on scientific evidence, fomenting professional activities which encourage research in physiotherapy.
16. Carry out physiotherapeutic interventions based on an integral care approach involving multi-professional cooperation, the integration of processes and continuity in care.
17. Understand the importance of updating knowledge, skills, abilities and approaches which integrate the professional competences of the physiotherapist.
18. Acquire clinical management skills including the efficient use of healthcare resources and develop activities involving planning, management and control in care units where physiotherapy is provided and in accordance with its relationship with other healthcare services.
19. Communicate effectively and clearly, both in oral and written form, with users of the healthcare system as well as with other healthcare professionals.

(1) S'inclouen els proposats per l'ORDRE CIN/2135/2008, de 3 de juliol, per la qual s'estableixen els requisits per a la verificació dels títols universitaris oficials que habilitin per a l'exercici de la professió de Fisioterapeuta



General and specific competences which students must acquire during their course of study²

Competences are split into two groups: transversal competences and specific competences. The transversal ones are then subdivided into instrumental, personal and systematic.

Transversal competences are those which the student must acquire as a university student and due to the typology which is characteristic of the profession they will have in the future. The specific ones involve discipline-related knowledge as well as professional and attitude-related competences.

CLASSIFICATION OF TRANSVERSAL COMPETENCES

INSTRUMENTAL (I):

1. The student must be able to take decisions.
2. The student must be able to solve problems.
3. The student must have organisational and planning skills.
4. The student must be able to analyse and synthesise.
5. The student must be able to communicate both in writing and orally in the mother tongue.
6. The student must be able to administer information.
7. The student must have computer skills which are relevant to the field of study.
8. The student must have knowledge of a foreign language.

PERSONAL (P):

9. The student must be committed ethically.
10. The student must be able to work as part of a team.
11. The student must have interpersonal skills.
12. The student must be able to work as part of an interdisciplinary team.
13. The student must show critical awareness.
14. The student must be able to work in an international context.
15. The student must be able to recognise diversity and the multicultural nature of society.

SISTÈMIQUES (S):

16. The student must be motivated by quality.
17. The student must be able to adapt to new situations.
18. The student must be creative.
19. The student must be capable of self-directed learning.
20. The student must show initiative and an enterprising spirit.
21. The student must have leadership skills.
22. The student must know about other cultures and customs.
23. The student must be sensitive to environmental issues.

(2) Llibre blanc de fisioteràpia disponible en http://www.aneca.es/media/150428/libroblanco_jun05_fisioterapia.pdf



CLASSIFICATION OF SPECIFIC COMPETENCES OF PHYSIOTHERAPY:

DISCIPLINE-RELATED KNOWLEDGE:

- Clinical sciences.
- Biological sciences.
- Physical sciences.
- Ethical, deontological and legal dimensions.
- Behavioural sciences.
- The administrative and organisational context.
- The socio-political context.

PROFESSIONAL COMPETENCES:

24. The student must be able to examine and assess the functional state of the patient/user.
25. The student must be able to design a plan of intervention or physiotherapeutic treatment.
26. The student must be able to determine physiotherapeutic diagnosis.
27. The student must be able to provide effective and integral care.
28. The student must be able to update knowledge, skills and attitudes.
29. The student must master the Clinical History of Physiotherapy.
30. The student must be able to carry out, direct and coordinate the intervention plan and physiotherapy.
31. The student must be able to assess the evolution of results.
32. The student must be able to guarantee physiotherapeutic quality.
33. The student must be able to take part in health promotion and sickness prevention.
34. The student must be able to elaborate a physiotherapy discharge report.
35. The student must be able to relate efficiently with a multi-disciplinary team.
36. The student must be able to incorporate evidence-based scientific research and practice as a professional culture.
37. The student must incorporate ethical and legal principles of the profession in his/her professional culture.
38. The student must be able to motivate others.
39. The student must be able to develop the teaching component.
40. The student must be able to cope with stress.
41. The student must be able to manage physiotherapeutic services.
42. The student must be able to accept risk and cope with uncertain contexts.

ATTITUDE-RELATED COMPETENCES:

43. The student must be able to work responsibly.
44. The student must aim to continue to learn and improve.
45. The student must show respect, critical awareness and sensitivity as far as the work of others is concerned.
46. The student must be able to collaborate with other professionals.
47. The student must show discretion.
48. The student must show the patient/user his/her orientation.
49. The student must be able to adapt to the limits of his/her professional competence.
50. The student must show a high level of self-awareness.
51. The student must enhance the ability to organise and direct.

http://www.aneca.es/activin/docs/libroblanco_jun05_fisioterapia.pdf